

NIBBLES

Truffle and Pecorino Nuts, Wasabi Peas or
Salted Chilli Broad Beans £3.95 Each
Marinated Olives £4.95
Warm Sourdough and Butter £4.95
Cockles & Malt Vinegar £7.95

The Swan

For guests with any food/drink allergies please advise us at point of ordering

SMALL PLATES / STARTERS / MEZE / TAPAS / LIGHTER BITE

Cromer Crab & Smoked Salmon Scotch Egg,
Watercress Salad & Hollandaise Sauce £13.95
Jamaican Style Lamb Fillet, Coconut Roti,
Mango Salsa, Cucumber Ribbons
& Minted Yoghurt £13.95
Crispy Chilli Beef with Asian Salad,
Honey & Sesame Peanuts £13.95
Tandori Monkfish Skewer, Toasted Garlic Nann
Bread, Onion Bargi & Mango Chutney £13.95
Baked Camembert with Garlic Sourdough
& Red Onion Chutney £13.95

Atlantic Prawn & Crayfish Cocktail with Marie
Rose Sauce, Brown Bread & Butter £13.95
Pressed Norfolk Chicken, Pistachio & Apricot
Terrine, Toasted Sourdough & Picalilli £11.95
Pan Fried Scallops, Lobster Bisque,
Lobster Croquette & Samphire £18.95
Breaded Dover Sole Goujons, Cromer Crab
Tartare Sauce & Pea Shoot Salad £15.95
Korean Beef or Korean Jackfruit Bao Bun,
Sriracha Mayo, Asain Salad
& Sesame Seeds £13.95

Greek Platter - Hummus, Tatziki, Olives,
Feta Stuffed Peppers, Charred Flat Bread
& Crispy Halloumi £13.95
Fresh Dressed Cromer Crab, Lemon
Mayonnaise, Brown Bread & Butter £15.95
Half Dozen Natural Maldons Oysters, Tabasco
Sauce, Shallot Vinegar & Fresh Lemon £17.95
South Coast Crispy Squid & King Prawns, Asian
Salad, Sweet Chilli & Ginger Sauce £17.95
Marinated Heritage Tomatoes & Crispy Goat
Cheese with Basil Pesto £14.95

ROASTS

All roasts served with Yorkshire pudding, roast and mashed potatoes and vegetables

Roast Sirloin of English Beef With Yorkshire Pudding (Served Pink) £23.95
Roast Breast of Norfolk Chicken With Sausage & Stuffing £20.95
Crackling Loin of Swannington Pork with Sausage Meat Stuffing £21.95
Swan Mixed Roast with all the trimmings £29.95
Parsnip and Cranberry Nut Roast, Thyme and Sea Salt Roast Potatoes £19.95

MAINS

Dressed Cromer Crab & Atlantic Prawn Salad, Baby Potatoes,
Samphire, Brown Bread & Butter £25.95
Cajun Spiced Flat Iron Steak with Classic
Caesar Salad & Spiced Fries £27.95
Whole Roasted Plaice, Buttered Baby Potatoes, La Rochelle
Samphire, Cockle & Chive Butter £28.95
Char-grilled Swordfish Loin, Sag aloo Potatoes, Coconut King
Prawns, Curried Yoghurt, Popadoms & Mango Salsa £27.95
Crispy Chilli Beef, Udon Noodle Stirfry,
Pak Choi & Crushed Peanuts £25.95
Lamyai's King Prawn Coconut Yellow Thai Curry
with Jasmine Rice & Crispy Monkfish Goujons £28.95
Golden Beer Battered Fillet of Cod with Chip Shop Chips,
Mushy Peas & Homemade Tartare Sauce £20.95
Grilled Wing of Local Skate with Lemon & Caper Butter,
Garden Salad and Chip Shop Chips £17.95/£28.95

Crispy BBQ Korean Chicken, Kimchi, Steamed White Rice,
Sautéed Greens & Crispy Noodles £23.95
Pan Fried Fillet of Halibut, Garlic & Thyme
Dauphinoise Potato, Tenderstem Broccoli,
Brown Shrimps & Hollandaise Sauce £29.95
1/2 Garlic Butter Grilled Local Lobster, Sea Salt Fries,
Buttered Samphire & Garlic Sourdough £29.95
Pan Seared Tuna Loin, Crispy Squid & King Prawns
& an Asian Style Cromer Crab Salad £28.95
Pan Fried Fillet of Salmon, Cromer Crab Crushed Potatoes,
Tempura Soft Shell Crab, Steamed Samphire
& Lobster Bisque £28.95
20-24oz Dover Sole Meuniere with Buttered
New Potatoes & Tenderstem Broccoli £44.95
Classic Chicken and Bacon Caesar Salad with Parmesan,
Cherry Tomatoes and Croutons £16.95

BURGERS

Local Steak Burger, Mexicana Cheese, Guacamole, Chilli Con Carne & Paprika Dusted Fries	£23.95
Local Steak Burger, Maple Bacon, Emmental Cheese & BBQ Sauce in Toasted Brioche with Fries & Slaw	£19.95
Surf & Turf Char-grilled Steak Burger with Prawn and Crayfish Cocktail, Marie Rose Sauce, Slaw, Truffle & Parmesan Fries	£23.95
Tempura Soft Shell Crab Burger, Prawn Money Bags, Guacamole, Mango salsa, Fries & Slaw	£19.95
Char-grilled Cajun Chicken Burger, Crispy Onion Rings, Cajun Fries & Caesar Salad	£19.95
Local Steak Burger, Melted Cheese, topped with BBQ Pulled Pork, Brioche Bun, Fries and Slaw	£22.95

STEAKS

Swannington 28 Day Aged Local Beef

All Steaks Served with Grilled Beef Tomato, Sautéed Chestnut Mushrooms, Watercress Salad & Steak Chips
10oz Sirloin £32.95 ~ 10oz Ribeye £34.95 ~ 8oz Fillet £38.95 ~ 20oz Porterhouse Steak £48.95
Add King Scallops £11.95 1/2 Garlic Lobster £17.95 Garlic King Prawns £5.95 Fried Eggs £3.00
Peppered Sauce, Roquefort Sauce, Béarnaise Sauce £3.95

VEGETARIAN

Red Lentil, Chickpea and Sweet Potato Coconut Curry
with Pilau Rice, Naan Bread and Onion Bhaji £19.95
Burrata with Dukka Crumb, Apricot & Almond Giant Cous-cous, Baby Gem,
Olive & Roasted Pepper Salad, Tahini & Lemon Dressing £18.95
Crispy Halloumi Burger. Roasted Red Pepper, Onion Marmalade,
Sea Salt Fries & Slaw £18.95
Spinach & Wild Mushroom Pasta, Crispy Goat Cheese,
Garlic Ciabatta, Rocket & Parmesan Salad £19.95
Chargrilled Med Veg Skewer, Toasted Flat Bread, Thyme Salted Fries,
Heritage Tomato and Crispy Mozzarella Salad £19.95

SIDES

Sausage Meat Stuffing	£5.95
Cauliflower Cheese	£5.95
Sea Salt and Thyme Roast Potatoes	£4.95
Seasonal Greens	£5.95
Onion Rings	£5.95
Chips / French Fries	£5.95
Truffle and Parmesan Fries	£6.50
Garlic Mozzarella Sourdough	£5.95
Side Salad	£4.95
Cajun Buttered Corncob	£5.95

CHILDREN'S MENU

Battered Fish & Chips with Garden Peas	£9.50
Sausage, Fries and Baked Beans	£7.95
Spaghetti Bolognese with Parmesan	£7.95
Kids Cheese Burger with Fries	£7.95
6" Wood Fired Rising Sun Margarita Pizza	£7.50
Whole tails Breaded Scampi with Chips and Peas	£8.95
Crispy Chicken Strips with Fries and Baked Beans	£8.50
Crispy Halloumi Burger with Fries and Slaw	£9.95



COLCHESTER INNS

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