

## NIBBLES

Truffle and Pecorino Nuts, Wasabi Peas  
or Salted Chilli Broad Beans £3.95 Each

Marinated Olives £4.95

Warm Sourdough and Butter £4.95

# The Swan

For guests with any food/drink allergies please advise us at point of ordering

## SMALL PLATES / STARTERS / MEZE / TAPAS / LIGHTER BITE

Local Asparagus, Cold Smoked Salmon,  
Crispy Egg & Hollandaise Sauce £12.95

Sweet & Sour Pork Ribs, Spring Onion,  
Chilli and Sesame Seeds £13.95

Crispy Chilli Beef with Asian Salad,  
Honey & Sesame Peanuts £13.95

Chargrilled Beef Kofta, Toasted Faltbread,  
Roast Med Veg and Minted Yoghurt £12.95

Honey Baked Camembert with Fresh Garlic  
Ciabatta & Onion Chutney £13.95

Atlantic Prawn & Crayfish Cocktail with  
Marie Rose Sauce, Brown Bread £13.95

Tikka Chicken Wings, Cucumber  
& Tomato Salad, Minted Yoghurt £13.95

Pan Fried Scallops, Crispy Pork Belly, Apple &  
Watercress Salad, Carmalised Apple Puree £16.95

Breaded Dover Sole Goujons with Cromer Crab  
Tartar Sauce & Pea Shoot Salad £15.95

Koren Beef Bao Buns, Siracha Mayo,  
Spring Onion & Cucumber Salad £15.95

Greek Platter-Hummus, Tatziki, Olives, Feta Stuffed  
Peppers, Flat Bread, Crispy Halloumi £13.95

Fresh Dressed Cromer Crab with Grannary Bread  
and Lemon Mayo £15.95

Half Dozen Natural Colchester Oysters  
with Tabasco & Lemon £17.95

South Coast Crispy Squid & King Prawns, Asian  
Salad, Sweet Chilli & Ginger Sauce £17.95

Marinated Heritage Tomatoes, Crispy Mozzarella  
Salad & Wild Garlic Pesto £14.95

## ROASTS

*all roasts served with Yorkshire pudding, roast and mashed potatoes and vegetables*

Roast Sirloin of English Beef with Yorkshire Pudding (Served Pink) £23.95

Roast Breast of Norfolk Chicken with Sausage & Stuffing £20.95

Crackling Loin of Swannington Pork with Sausage Meat Stuffing £21.95

Swan Mixed Roast with all the trimmings £28.95

Parsnip and Cranberry Nut Roast, Thyme and Sea Salt Roast Potatoes £19.95

## MAINS

Cajun Spiced Flat Iron Steak with Classic Caesar Salad  
& Spiced Fries £27.95

Pan Fried Seabass Fillet, Lamyai's Thai Drunken Noodles, Sesame  
Greens. Prawn Money Bags and Thai Dipping Sauce £27.95

Crispy Chilli Beef, Udon Noodle Stir fry,  
Pak Choi & Crushed Peanuts £25.95

Lamyai's King Prawn Coconut Yellow Thai Curry  
with Jasmine Rice & Crispy Monkfish Goujons £28.95

Golden Beer Battered Fillet of Cod with Chip Shop Chips,  
Mushy Peas & Homemade Tartare Sauce £20.95

Grilled Wing of Local Skate with Lemon & Caper Butter,  
Garden Salad and Chip Shop Chips £28.95

Classic Chicken and Bacon Caesar Salad with Parmesan, Cherry Tomatoes and Croutons £16.95

Crispy BBQ Korean Chicken, Steamed White Rice,  
Sauteed Greens and Crispy Noodles £23.95

Pan Fried Fillet of Halibut with Garlic and Parmesan Gratin Potatoes,  
Tenderstem Broccoli, Asparagus, King Prawns & Buerre Blanc £29.95

1/2 Garlic Butter Grilled Local Lobster, Sea Salt Fries, Watercress  
Sun Blushed Tomato Salad & Garlic Sourdough £29.95

Pan Seared Tuna Loin, Crispy Squid & King Prawns  
with Asian Salad and Flaked Crab Meat £28.95

Roast Fillet of Salmon, Potato Rosti, Wilted Spinach,  
Crispy Hens Egg & Hollandaise Sauce £26.95

20-24oz Dover Sole Meurniere with Buttered  
New Potatoes & Tenderstem Broccoli £44.95

## BURGERS

Local Steak Burger, Maple Bacon, Emmental Cheese & BBQ Sauce in Toasted Brioche with Fries & Slaw £19.95

Surf & Turf Chargrilled Steak Burger with Prawn and Crayfish Cocktail, Marie Rose Sauce, Slaw, Truffle & Parmesan Fries £23.95

Soft Shell Crab Burger, Guacamole, Mango and Charred Red Onion Salad. Fries & Slaw £19.95

Chargrilled Cajun Chicken Burger with Caesar Sauce, Battered Onion Ring & Cajun Fries £19.95

Local Steak Burger, Pulled Korean Beef, Sriracha Mayo, Salt & Pepper Fries £23.95

Local Steak Burger, Melted Cheese, topped with BBQ Pulled Pork, Brioche Bun, Fries and Slaw £22.95

## STEAKS

Swannington 28 Day Aged Local Beef

*All Steaks Served with Grilled Beef Tomato, Sautéed Chestnut Mushrooms, Watercress Salad & Steak Chips*

10oz Sirloin £32.95 ~ 10oz Ribeye £34.95 ~ 8oz Fillet £38.95 ~ 20oz Porterhouse Steak £48.95

*Add King Scallops £11.95 1/2 Garlic Lobster Garlic £17.95 King Prawns £5.95 Fried Eggs £3.00*

*Peppered Sauce, Roquefort Sauce, Béarnaise Sauce £3.95*

## VEGETARIAN

Red Lentil, Chickpea and Sweet Potato Coconut Curry  
with Basmati Rice, Naan Bread and Onion Bhaji £19.95

Chargrilled Halloumi Burger. Roasted Red Pepper,  
Onion Marmalade, Sea Salt Fries & Slaw £18.95

Butternut Squash & Spinach Tagliatelle Pasta,  
Crispy Goats Cheese & Watercress Salad £19.95

Curried Chick Pea Falafel, Chargrilled Flat Bread, Hummus,  
Olives, Salad, Vegan Sriracha Mayo & Crispy Fries £19.95

## SIDES

Sticky Red Cabbage £5.95

Sausage Meat Stuffing £5.95

Cauliflower Cheese £5.95

Sea Salt and Thyme Roast Potatoes £4.95

Seasonal Greens £5.95

Chips / French Fries £5.95

Truffle and Parmesan Fries £6.50

Garlic Mozzarella Sourdough £5.95

Side Salad £4.95

Onion Rings £5.95

## CHILDREN'S MENU

Battered Fish Goujons and Chips with Garden Peas	£8.50
Sausage, Mash & Carrots	£7.95
Spaghetti Bolognese with Parmesan	£7.95
Kids Cheese Burger with Cheese & Fries	£7.95
6" Wood Fired Oven Baked Margarita Pizza	£7.50
1/2 BBQ rack of Pork Ribs, Fries and Coleslaw	£11.50
Wholetails Breaded Scampi with Chips and Peas	£8.95
Crispy Chicken Strips with Fries and Baked Beans	£6.95



## COLCHESTER INNS

The Lodge, Vicarage Rd, Salhouse, Norwich Norfolk NR13 6HD  
Tel: 01603 928181 [george@salhouselodge.co.uk](mailto:george@salhouselodge.co.uk) [www.salhouselodge.co.uk](http://www.salhouselodge.co.uk)

Recruiting Sergeant, Norwich Road, Horstead NR12 7EE  
Tel: 01603 737077 [admin@recruitingsergeant.co.uk](mailto:admin@recruitingsergeant.co.uk) [www.recruitingsergeant.co.uk](http://www.recruitingsergeant.co.uk)

The Black Boys Hotel & Restaurant, Aylsham, Norfolk NR11 6EH  
Tel: 01263 732122 [admin@blackboyshotel.co.uk](mailto:admin@blackboyshotel.co.uk) [www.blackboyshotel.co.uk](http://www.blackboyshotel.co.uk)

The Bucks Arms, Blickling, Aylsham NR11 6NF  
Tel: 01263 732133 [manager@bucksarms.co.uk](mailto:manager@bucksarms.co.uk) [www.bucksarms.co.uk](http://www.bucksarms.co.uk)

The Rising Sun, Wroxham Road, Coltishall, Norwich NR12 7EA  
Tel: 01603 737440 [manager@risingsuncoltishall.co.uk](mailto:manager@risingsuncoltishall.co.uk) [www.risingsuncoltishall.co.uk](http://www.risingsuncoltishall.co.uk)

The Swan at Ringland, 1 The Street, Ringland, Norwich NR8 6AB  
Tel: 01603 572736 [manager@swanatringland.co.uk](mailto:manager@swanatringland.co.uk) [www.swanatringland.co.uk](http://www.swanatringland.co.uk)