

NIBBLES

Truffle and Pecorino Nuts, Wasabi Peas
or Salted Chilli Broad Beans £3.95 Each
Marinated Olives £4.95
Warm Sourdough and Butter £5.95
Cockles & Malt Vinegar £7.95

The Swan

For guests with any food/drink allergies please advise us at point of ordering

SMALL PLATES / STARTERS / MEZE / TAPAS / LIGHTER BITE

Cromer Crab & Smoked Salmon Scotch Egg,
Watercress Salad & Hollandaise Sauce £13.95
Jamaican Style Lamb Fillet, Coconut Roti,
Mango Salsa, Cucumber Ribbons
& Minted Yoghurt £13.95
Crispy Chilli Beef with Asian Salad,
Honey & Sesame Peanuts £14.95
Tandori Monkfish Skewer, Toasted Garlic Naan
Bread, Onion Bhaji & Mango Chutney £13.95
Baked Hot Honey Camembert, Garlic
Sourdough, Chilli Jam & Rocket Salad £13.95

Atlantic Prawn & Crayfish Cocktail with Marie Rose
Sauce, Brown Bread & Butter £13.95
Crispy BBQ Korean Chicken, Kimchi, Asian Salad
& Char Sui Crispy Noodles £14.95/£24.95
Pan Fried Scallops, Pulled Pork Croquette,
Caramelised Apple Puree, Pea Shoot
& Apple Salad £18.95
Breaded Dover Sole Goujons, Cromer Crab
Tartare Sauce & Pea Shoot Salad £15.95
Korean Beef or Korean Jackfruit Bao Bun, Sriracha
Mayo, Asian Salad & Sesame Seeds £13.95

Greek Platter - Hummus, Tzatziki, Olives,
Feta Stuffed Peppers, Charred Flat Bread
& Crispy Halloumi £13.95
Fresh Dressed Cromer Crab, Lemon
Mayonnaise, Brown Bread & Butter £15.95
Half Dozen Natural Maldons Oysters, Tabasco
Sauce, Shallot Vinegar & Fresh Lemon £17.95
South Coast Crispy Squid & King Prawns,
Asian Salad, Sweet Chilli & Ginger Sauce £17.95
Louisiana Style Cajun Corn Ribs, Pea Shoot
Salad & Sriracha Dipping Sauce £14.95

ROASTS

All roasts served with Yorkshire pudding, roast and mashed potatoes and vegetables

Roast Sirloin of English Beef with Yorkshire Pudding (Served Pink) £23.95
Roast Breast of Norfolk Chicken with Sausage & Stuffing £20.95
Crackling Loin of Swannington Pork with Sausage Meat Stuffing £21.95
Swan Mixed Roast with all the trimmings £29.95
Parsnip and Cranberry Nut Roast, Thyme and Sea Salt Roast Potatoes £19.95

MAINS

Dressed Cromer Crab & Atlantic Prawn Salad, Baby Potatoes,
Samphire, Brown Bread & Butter £25.95
Cajun Spiced Flat Iron Steak with Classic Caesar Salad
& Spiced Fries £27.95
Whole Roasted Plaice, Buttered Baby Potatoes,
La Rochelle Samphire, Cockle & Chive Butter £28.95
Char-grilled Swordfish Loin, Sag aloo Potatoes,
Coconut King Prawns, Curried Yoghurt,
Popadoms & Mango Salsa £29.95
Crispy Chilli Beef, Udon Noodle Stirfry, Pak Choi
& Crushed Peanuts £25.95
Lamyai's King Prawn Coconut Yellow Thai Curry
with Jasmine Rice & Crispy Monkfish Goujons £28.95
Golden Beer Battered Fillet of Cod with Chip Shop Chips,
Mushy Peas & Homemade Tartare Sauce £20.95

Grilled Wing of Local Skate with Lemon & Caper Butter,
Garden Salad and Chip Shop Chips £17.95/£28.95
Crispy BBQ Korean Chicken, Kimchi, Steamed White Rice,
Sautéed Greens & Crispy Noodles £23.95
Pan Fried Fillet of Halibut, Garlic & Thyme Dauphinoise Potato,
Tenderstem Broccoli, Garlic Prawns & Hollandaise Sauce £30.95
1/2 Garlic Butter Grilled Local Lobster, Sea Salt Fries,
Buttered Samphire & Garlic Sourdough £29.95
Pan Seared Tuna Loin, Crispy Squid & King Prawns
& an Asian Style Cromer Crab Salad £28.95
Pan Fried Fillet of Salmon, Steamed Samphire, Smoked Salmon
Carbonara, Garlic Sourdough, Rocket & Parmesan £28.95
20-24oz Dover Sole Meuniere with Buttered New Potatoes
& Tenderstem Broccoli £44.95
Classic Chicken and Bacon Caesar Salad
with Parmesan, Cherry Tomatoes and Croutons £16.95

BURGERS

Local Steak Burger, Mexicana Cheese, Guacamole, Chilli Con Carne & Paprika Dusted Fries £23.95
Local Steak Burger, Maple Bacon, Emmental Cheese & BBQ Sauce in Toasted Brioche with Fries & Slaw £19.95
Surf & Turf Chargrilled Steak Burger with Prawn and Crayfish Cocktail, Marie Rose Sauce, Slaw, Truffle & Parmesan Fries £23.95
Char-grilled Cajun Chicken Burger, Crispy Onion Rings, Cajun Fries & Caesar Salad £19.95
Local Steak Burger, Melted Cheese, topped with BBQ Pulled Pork, Brioche Bun, Fries and Slaw £22.95

STEAKS

Swannington 28 Day Aged Local Beef

All Steaks Served with Grilled Beef Tomato, Sautéed Chestnut Mushrooms, Watercress Salad & Steak Chips
10oz Sirloin £34.95 ~ 10oz Ribeye £35.95 ~ 8oz Fillet £39.95 ~ 20oz Porterhouse Steak £49.95
Add King Scallops £11.95 1/2 Garlic Lobster £18.95 Garlic King Prawns £5.95 Fried Eggs £3.00
Peppered Sauce, Roquefort Sauce, Béarnaise Sauce £3.95

VEGETARIAN

Red Lentil, Chickpea and Sweet Potato Coconut Curry with Pilau Rice,
Naan Bread and Onion Bhaji £19.95
Burrata with Dukka Crumb, Apricot & Almond Giant Cous-cous,
Baby Gem, Olive & Roasted Pepper Salad, Tahini & Lemon Dressing £18.95
Crispy Halloumi Burger, Roasted Red Pepper, Onion Marmalade,
Sea Salt Fries & Slaw £18.95
Spinach & Wild Mushroom Pasta, Crispy Goat Cheese,
Garlic Ciabatta, Rocket & Parmesan Salad £19.95
Chargrilled Med Veg Skewer, Toasted Flat Bread,
Thyme Salted Fries & Ranch Salad £19.95

SIDES

Sausage Meat Stuffing £5.95
Cauliflower Cheese £5.95
Sea Salt and Thyme Roast Potatoes £4.95
Seasonal Greens £5.95
Hot Honey Halloumi Fries £8.95
Chips / French Fries £5.95
Truffle and Parmesan Fries £6.50
Garlic Mozzarella Sourdough £5.95
Ranch Salad £6.95
Cajun Buttered Corncob £5.95

CHILDREN'S MENU

Battered Fish & Chips with Garden Peas	£9.95
Sausage, Fries and Baked Beans	£8.95
Spaghetti Bolognese with Parmesan	£8.95
Kids Cheese Burger with Fries	£9.50
6" Wood Fired Rising Sun Margarita Pizza	£7.95
Wholetails Breaded Scampi with Chips and Peas	£9.50
Crispy Chicken Strips with Fries and Baked Beans	£9.50
Crispy Halloumi Burger with Fries and Slaw	£9.95

CHILDREN'S ROASTS Sunday only

Roast Beef	£13.95
Chicken Breast	£11.95
Roast Pork	£11.95

All roasts served with Yorkshire pudding, roast and mashed potatoes and vegetables



COLCHESTER INNS

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