

NIBBLES

Truffle and Pecorino Nuts, Wasabi Peas
or Salted Chilli Broad Beans £3.95 Each

Marinated Olives £4.95

Warm Sourdough and Butter £4.95

The Swan

For guests with any food/drink allergies please advise us at point of ordering

SMALL PLATES / STARTERS / MEZE / TAPAS / LIGHTER BITES

Local Asparagus, Cold Smoked Salmon,
Crispy Egg & Hollandaise Sauce £12.95

Sweet & Sour Pork Ribs, Spring Onion, Chilli
and Sesame Seeds £13.95

Crispy Chilli Beef with Asian Salad,
Honey & Sesame Peanuts £13.95

Chargrilled Beef Kofta, Toasted Flatbread,
Roast Med Veg and Minted Yoghurt £12.95

Honey Baked Camembert with Freshly
Garlic Ciabatta & Onion Chutney £13.95

Atlantic Prawn & Crayfish Cocktail
with Marie Rose Sauce, Brown Bread £13.95

Tikka Chicken Wings, Cucumber
& Tomato Salad, Minted Yoghurt £13.95

Pan Fried Scallops, Crispy Pork Belly, Apple &
Watercress Salad, Carmalised Apple Puree £16.95

Breaded Dover Sole Goujons with Cromer Crab
Tartar Sauce & Pea Shoot Salad £15.95

Koren Beef Bao Buns, Siracha Mayo,
Spring Onion & Cucumber Salad £15.95

Greek Platter - Hummus, Tatziki, Olives, Feta
Stuffed Peppers, Flat Bread, Crispy Halloumi £13.95

Fresh Dressed Cromer Crab
with Grannary Bread and Lemon Mayo £15.95

Half Dozen Natural Colchester Oysters
with Tabasco & Lemon £17.95

South Coast Crispy Squid & King Prawns,
Asian Salad, Sweet Chilli & Ginger Sauce £17.95

Marinated Heritage Tomatoes,
Crispy Mozzarella Salad & Wild Garlic Pesto £14.95

MEAT

Char-grilled Swannington Rump of Pork, Pea Puree, Pineapple
Ketchup, Fried Hen Egg & Le Crunch Chips £26.95

Garlic & Buttermilk Chicken Skewer with Flatbread, Thyme Fries,
Crispy Halloumi, Tatziki, Mango & Red Onion Salad £24.95

Crispy BBQ Koreon Chicken, Steamed White Rice,
Sauteed Greens and Crispy Noodles £23.95

Barbecue Whole Rack of Ribs with Crispy Fries,
Charred Corn Cob, Ranch Salad & Homemade Slaw £28.95

Pan Fried Norfolk Lamb Chops Sauté Potatoes, Pancetta
and Asparagus Served with Roquefort Sauce £28.95

Cajun Spiced Flat Iron Steak with Classic Caesar Salad
& Spiced Fries £27.95

Indian Platter - Tikka Wings, Lamb Chop, Beef Kofta, Lamb Samosa,
Tandori Crevette, Naan Bread, Pilau Rice, Onion Bhaji, Salad £29.95

Crispy Chilli Beef, Udon Noodle Stirfry, Pak Choi
& Crushed Peanuts £25.95

Pan Fried Fillet of Beef, Baked Camembert, Parma Ham & Potato
Gratin, Fine Beans, Caramelised Red Onion & Parmesan,
Wild Garlic Pesto £38.95

FISH

20-24oz Dover Sole Meuniere with Buttered New Potatoes
& Tenderstem Broccoli £44.95

Golden Beer Battered Fillet of Cod with Chip Shop Chips,
Mushy Peas & Homemade Tartare Sauce £20.95

Grilled Wing of Local Skate with Lemon & Caper Butter,
Garden Salad and Chip Shop Chips £28.95

Lamyai's King Prawn Coconut Yellow Thai Curry
with Jasmine Rice & Crispy Monkfish Goujons £28.95
Pan Fried Fillet of Halibut with Garlic and Parmesan Gratin
Potatoes, Tenderstem Broccoli, Asparagus, King Prawns
& Beurre Blanc £29.95

Pan Seared Tuna Loin, Crispy Squid & King Prawns
with Asian Salad and Flaked Crab Meat £28.95

Baked Cromer Crab Thermidor, Sweet Chilli Tempura Prawns,
Sea Salt Fries, Watercress & Sun Blushed Tomato Salad £27.95

Roast Fillet of Salmon, Potato Rosti, Wilted Spinach,
Crispy Hens Egg & Hollandaise Sauce £26.95

Pan Fried Seabass Fillet, Lamyai's Thai Drunken Noodles, Sesame
Greens, Prawn Money Bags and Thai Dipping Sauce £27.95

1/2 Garlic Butter Grilled Local Lobster, Sea Salt Fries, Watercress
Sun Blushed Tomato Salad & Garlic SoughDough £29.95

BURGERS

Local Steak Burger, Maple Bacon, Emmental Cheese
& BBQ Sauce in Toasted Brioche with Fries & Slaw £19.95

'Surf & Turf' Chargrilled Steak Burger with Prawn and Crayfish
Cocktail, Marie Rose Sauce, Slaw, Truffle & Parmesan Fries £23.95

Soft Shell Crab Burger, Guacamole, Mango and Charred
Red Onion Salad. Fries & Slaw £19.95

Chargrilled Cajun Chicken Burger with Caesar Sauce,
Battered Onion Ring & Cajun Fries £19.95

Local Steak Burger, Pulled Korean Beef, Sriracha Mayo,
Salt & Pepper Fries £23.95

Local Steak Burger, Melted Cheese, topped with BBQ Pulled Pork,
Brioche Bun, Fries and Slaw £22.95

SWANNINGTON 28 DAY AGED LOCAL BEEF

*All Steaks Served with Grilled Beef Tomato, Sautéed
Chestnut Mushrooms, Watercress Salad & Hand Cut Chips*

10oz Sirloin £32.95 10oz Ribeye £34.95
8oz Fillet £38.95 20oz Porterhouse Steak £48.95

Add: 1/2 Garlic Lobster £17.95 ~ King Scallops £11.95
Garlic King Prawns £7.95 ~ 2 Fried Eggs £3.00

Peppered Sauce, Roquefort Sauce & Béarnaise Sauce £3.95

VEGETARIAN

Red Lentil, Chickpea and Sweet Potato Coconut Curry
with Basmati Rice, Naan Bread and Onion Bhaji £19.95

Crispy Halloumi Burger. Roasted Red Pepper,
Onion Marmalade, Sea Salt Fries & Slaw £18.95

Butternut Squash & Spinach Tagatelli Pasta,
Crispy Goats Cheese & Watercress Salad £19.95

Chargrilled Med Veg Skewer, Toasted Flat Bread, Thyme Saled
Fries, Heritage Tomato and Crispy Mozzarella Salad £19.95

SIDES

Tenderstem Broccoli £5.95

Truffle and Parmesan Fries £6.50

Caesar Salad £5.95

Hand Cut Chips £5.95

Onion Rings £5.95

Sea Salt French Fries £5.95

Garlic Mozzarella Sourdough £5.95

Green Salad £4.95

Pan Fried Fine Beans, Caramelised Red Onion & Parmesan £5.95

CHILDREN'S MENU

Battered Fish Goujons and Chips with Garden Peas	£8.50
Sausage, Mash & Carrots	£7.95
Spaghetti Bolognese with Parmesan	£7.95
Kids Cheese Burger with Cheese & Fries	£7.95
6" Wood Fired Oven Baked Margarita Pizza	£7.50
1/2 BBQ rack of Pork Ribs, Fries and Coleslaw	£11.50
Wholetails Breaded Scampi with Chips and Peas	£8.95
Crispy Chicken Strips with Fries and Baked Beans	£6.95



COLCHESTER INNS

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